

属灵同伴



Spiritual Companions

一花獨放不是春，百花齊放春滿園



一人拾柴火不旺，眾人拾柴火焰高



一個籬笆三個樁，一個好漢三個幫







屬靈同伴



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提摩太後書

2 Timothy 2:22

你要逃避少年的私慾，同那清心禱告主
的人追求公義、信德、仁愛、和平。

Flee the evil desires of youth, and pursue
righteousness, faith, love and peace, along with
those who call on the Lord out of a pure heart.

提摩太後書
2 Timothy 2:22

1. 為什麼一定要有屬靈同伴？

Why do we need spiritual companions?

2. 什麼是屬靈同伴？

What are spiritual companions?



為什麼一定要有屬靈同伴？

Why do we need spiritual companions?



1. 只有神是自有永有的

Only God is “I am Who I am”

2. 人是被造的而且需要有同伴

Man was created and needs companions

3. 主耶穌的教導和榜樣

Jesus' teaching and example

只有神是自有永有的

Only God is “I am Who I am”



神是自有永有的 I AM WHO I AM

神對摩西說：「我是自有永有的」；
又說：「你要對以色列人這樣說：
『那自有的打發我到你們這裡
來。』」

God said to Moses, "I AM WHO I AM. This is what you are to say to the Israelites: 'I AM has sent me to you.'"

出埃及記
Exodus 3:14

人的驕傲與魔鬼的墮落

The pride of man and the fall of the devil

耶和華的話又臨到我說：「人子啊，你對推羅君王說，主耶和華如此說：因你心裡高傲，說：我是神；我在海中坐神之位。你雖然居心自比神，**也不過是人，並不是神！**

The word of the LORD came to me: "Son of man, say to the ruler of Tyre, 'This is what the Sovereign LORD says: "'In the pride of your heart you say, "I am a god; I sit on the throne of a god in the heart of the seas." **But you are a man and not a god,** though you think you are as wise as a god.

以西結書

Ezekiel 28:1-2

人是被造的而且需要有同伴

Man was created and needs companions



家庭 Family

耶和華 神說：「那人獨居不好，我要
為他造一個配偶幫助他。」

The LORD God said, "It is not good for the
man to be alone. I will make a helper suitable
for him."

創世記

Genesis 2:18

教會 Church

但如今肢體是多的，身子卻是一個。
眼不能對手說：「我用不著你；」頭
也不能對腳說：「我用不著你。」

**As it is, there are many parts, but one body.
The eye cannot say to the hand, "I don't need
you!" And the head cannot say to the feet, "I
don't need you!"**

哥林多前書

1 Corinthians 12:20-21

兩個人總比一個人強 Two are better than one

兩個人總比一個人好，
因為二人勞碌同得美好的
果效。

Two are better than one,
because they have a good
return for their work:



屬靈同伴要一同勞碌，
一同服事

Spiritual companions
should work together,
serve together

兩個人總比一個人強

Two are better than one

若是跌倒，這人可以扶起他的同伴；若是孤身跌倒，沒有別人扶起他來，這人就有禍了。

If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!



同伴要彼此扶持幫助，尤其是軟弱的時候

Companions should support each other, especially when they are weak

傳道書

Ecclesiastes 4:10

兩個人總比一個人強

Two are better than one

再者，二人同睡就都暖和，一人獨睡怎能暖和呢？

Also, if two lie down together, they will keep warm. But how can one keep warm alone?



同伴能帶給人溫暖

Companions can warm each other

傳道書

Ecclesiastes 4:11

兩個人總比一個人強

Two are better than one

有人攻勝孤身一人，若有二人便能敵擋他；三股合成的繩子不容易折斷。

Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.



需要與人合作，一同爭戰

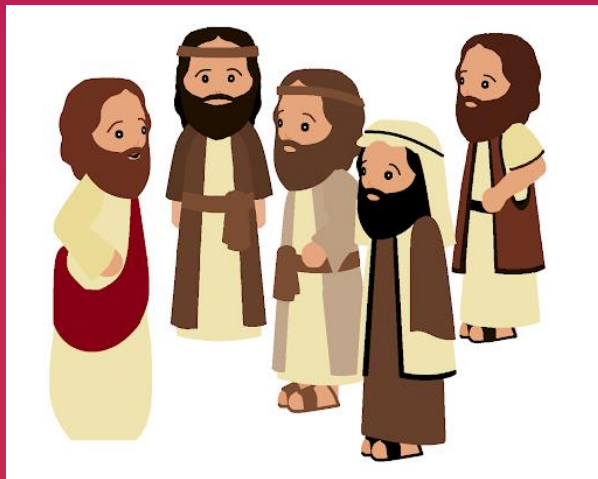
Need to cooperate and fight together

傳道書

Ecclesiastes 4:11

主耶穌的教導和榜樣

Jesus' teaching and example



兩人結伴 Two by two

這事以後，主又設立七十個人，差遣他們兩個兩個的在他前面，往自己所要到的各城各地方去，

After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go.

耶穌同門徒來到一個地方，名叫客西馬尼，就對他們說：「你們坐在這裡，等我到那邊去禱告。」於是帶著彼得和西庇太的兩個兒子同去，就憂愁起來，極其難過，便對他們說：「我心裡甚是憂傷，幾乎要死；你們在這裡等候，**和我一同警醒。**」

Then Jesus went with his disciples to a place called Gethsemane, and he said to them, "Sit here while I go over there and pray." He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and **keep watch with me.**"

馬太福音

Matthew 26:36-38

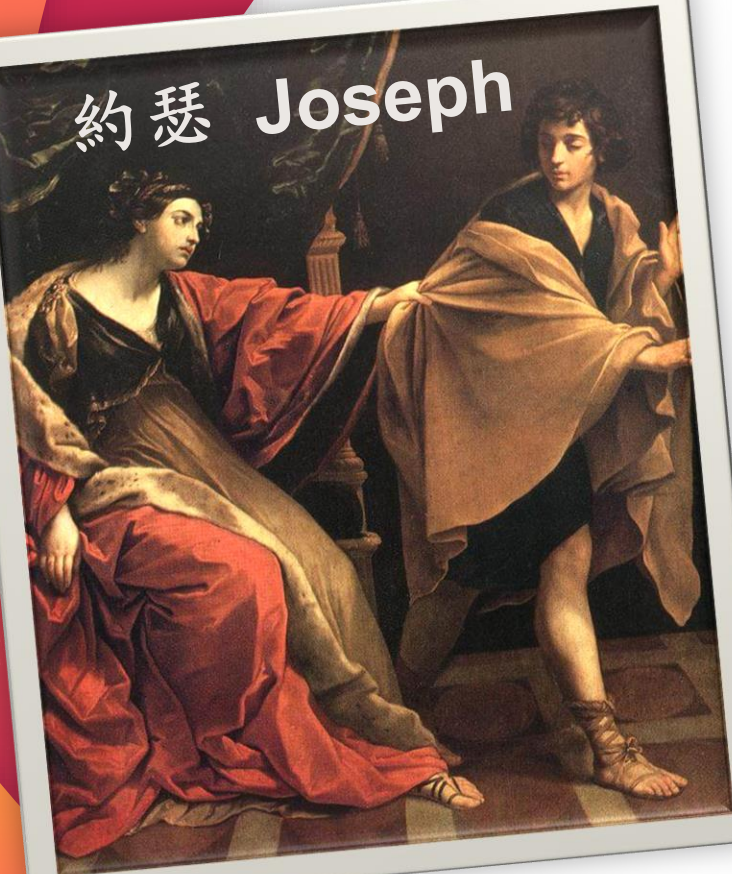
落單之後最危險 It's dangerous to be alone

務要謹守，警醒。因為你們的仇敵魔鬼，如同吼叫的獅子，遍地遊行，尋找可吞吃的人。

Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

彼得前書
1 Peter 5:8

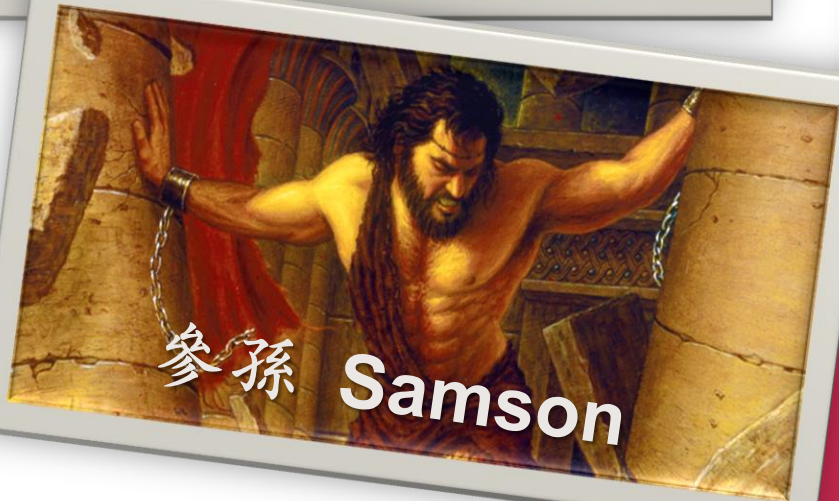
約瑟 Joseph



以利亞 Elijah



參孫 Samson



什麼是屬靈同伴？

What are spiritual companions?



- 都與主耶穌同行 Walking with Jesus
- 在聖靈裡禱告 Praying in the Holy Spirit



都與主耶穌同行 Walking with Jesus

你們若遵行我所吩咐的，就是**我的朋友**了。以後我不再稱你們為僕人，因僕人不知道主人所做的事。**我乃稱你們為朋友**；因我從我父所聽見的，已經都告訴你們了。

You are **my friends** if you do what I command. I no longer call you servants, because a servant does not know his master's business. Instead, **I have called you friends,** for everything that I learned from my Father I have made known to you.

約翰福音
John 15:14-15

這些人都是因信得了美好的證據，卻仍未得著所應許的；因為神給我們預備了更美的事，叫他們若不與我們同得，就不能完全。

These were all commended for their faith, yet none of them received what had been promised. God had planned something better for us so that only together with us would they be made perfect.

我們既有這許多的見證人，如同雲彩圍著我們，就當放下各樣的重擔，脫去容易纏累我們的罪，存心忍耐，**奔那擺在我們前頭的路程**，仰望為我們信心創始成終的耶穌。他因那擺在前面的喜樂，就輕看羞辱，忍受了十字架的苦難，便坐在神寶座的右邊。

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us **run** with perseverance **the race** marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

希伯來書
Hebrews 12:1-2

- 都與主耶穌同行 Walking with Jesus
- 在聖靈裡禱告 Praying in the Holy Spirit



在聖靈裡禱告 Praying in the Holy Spirit

你要逃避少年的私慾，同那清心禱告主的人追求公義、信德、仁愛、和平。

Flee the evil desires of youth, and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.

提摩太後書
2 Timothy 2:22

在聖靈裡禱告 Praying in the Holy Spirit

我實在告訴你們，凡你們在地上所捆綁的，在天上也要捆綁；凡你們在地上所釋放的，在天上也要釋放。

I tell you the truth, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.

馬太福音
Matthew 18:18

在聖靈裡禱告 Praying in the Holy Spirit

我又告訴你們，若是你們中間有**兩個人**在地上同心合意的求什麼事，我在天上的父必為他們成全。因為無論在那裡，有**兩三個人**奉我的名聚會，那裡就有我在他們中間。」

Again, I tell you that if **two of you** on earth agree about anything you ask for, it will be done for you by my Father in heaven. For where **two or three** come together in my name, there am I with them.

主耶穌的公開邀請 Public Invitation of Jesus

「你們要進窄門。因為引到滅亡，那門是寬的，路是大的，進去的人也多；引到永生，那門是窄的，路是小的，找著的人也少。」

Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life, and only a few find it.

馬太福音
Matthew 7:13-14

結論 Conclusions

- 讓我們一起來跟從耶穌吧！

Let's follow Jesus together!

- 讓我們從禱告開始吧！

Let's start with prayer.

